

Book Reviews

Vision For Life: 10 Steps to Natural Vision Improvement Reviews:

"I would suggest you continue your studies on this rarely discussed 'science' of natural eyesight maintenance by picking up Meir's book and applying the exercises to your everyday life. It is natural and easy to add these to whatever you do." – C.Ruff

"Do yourself a favor and purchase Vision for Life, perform exercises faithfully. Within two weeks you'll see marked improvement." -R. Eckles

"This is the Bates method on steroids and far surpasses any other eye regimes. Meir Schneider has developed and used these techniques to enhance his own eyesight." - Unknown

"This man's story is one of the most inspiring accounts of faith and work and perseverance I have ever heard." -Cyn Scheff

"An excellent source of everything you want to improve eye health, with easy to follow practices and exercises, loads of testimonial wealth and years worth of experience packed in this one little volume..." - Jack Leishman

"I have begun to use the exercises recommended in this book and find them to be very helpful. I can see a difference in my eye's ability to focus, no pun intended. I have mono-vision, which has been wonderful, but my eyes are beginning to work better together with these exercises. I do not wear contacts or glasses and I am 65." - Donna Fast

"I am the biggest skeptic you will ever meet.....So far, I've done only a couple of the exercises, plus learning not to squint in bright light, but I've already noticed an improvement in my overall ability to focus, especially at distances..." -Robert T.

“By the middle of the book, I was reading it without my glasses. I’ve recommended to all of my friends.” -Olga Taylor

“First week I noticed huge improvements in my eyesight. It is outstanding that my failing eyesight is finally reversing, it has also helped other parts of my body to become healthy. Highly recommended!!!!!!” - E.Joyce

“This book and author will bring a revelation, the idea that you can be consciously aware of your eyes. You will be able to take simple steps to get rewarding results and may reduce the use of medications or avoid surgery. If you want to understand your eyes beyond relying on ‘vision professionals’ then please consider this book! My first results were nearly immediate and have naturally increased over time.” -Unknown

Movement for Self-Healing Reviews:

*“Meir Schneider’s mastery empowers the reader to move beyond the ‘incurable diagnosis’ toward the profound process of self-healing.”-Behavioral Optometrist, Jacob Liberman, O.D., Ph.D. author of **Light: Medicine of the Future, Take Off Your Glasses and See and Wisdom from an Empty Mind***

*“I have known Meir Schneider for almost twenty years. You can trust me when I tell you that Meir is a very honest and ethical man. What he says in this book is truth, not hype. In this “hyped-up” world of ours this is a rarity and makes his book, “Movement for Self-Healing” worthy of your attention, reading and digestion.”-John E. Upledger, D.O., O.M.M., President and Medical Director of The Upledger Institute, Developer of CranioSacral Therapy, author of **Your Inner Physician and You**, and many textbooks*

*“What a book! Meir Schneider has created a magnificent, inspiring, empowering, and well-written work. This book is an essential and joyful treasure for all those looking for a teacher to help themselves heal and create health. I highly recommend it.”-Raymond Francis, president of Health-e-America Foundation and author of **Never Be Sick Again***

“Meir Schneider’s courage to rise to life’s challenges with determination and deep personal confidence is an inspiration for us all. His personal story demonstrates that deep commitment to hard work can pay dividends that may seem impossible. He has inspired thousands to believe there is always hope, and that almost

anything is possible if you believe in yourself.” -**Len Saputo, M.D., founder and director of Health Medicine Forum and Health Medicine Institute**

The Natural Vision Improvement Kit Reviews:

[Click here to download Natural Vision Improvement Flyer \(PDF\)](#)

“Meir Schneider has miraculously found his vision, and he can help you to find yours. His approach is transformative.” -**Behavioral Optometrist, Jacob Liberman, O.D., Ph.D. author of *Light: Medicine of the Future, Take Off Your Glasses and See and Wisdom from an Empty Mind***

“This Kit is a must have for any one with eyesight problems. Meir Schneider has taken The Bates Method into the new millennium with an integration of eye exercises, yoga principles and relaxation techniques!”-**Marc Grossman O.D. L.Ac. author of *Magic Eye: Beyond 3D Improve Your Vision, Natural Eye Care: An Encyclopedia, and Greater Vision: A Comprehensive Program for Physical, Emotional, and Spiritual Clarity***